

Why see a dentist?

April 2009
Suburban-Metro Paper

A healthy smile can last a lifetime. Your teeth and gums are a vital part of your body. Keeping them clean, helps to keep your mouth and body healthy.

Dental problems, such as gum disease and cavities, can be asymptomatic and slow progressing for years. In other words, a person may not even realize they have dental concerns, until it is too late. By the time a person notices they have a problem, it likely will be in an advanced stage and require more involved treatment, like gum surgery, root canal therapy or extraction. Prevention is the key and it is easy.

Every year, we learn of poor oral care and its connection with heart problems, surgical procedures, pregnancies and your well being in general. The list grows each year.

By taking care of your teeth, eating a balanced diet and visiting your dentist regularly, you can have healthy teeth and an attractive smile throughout your life. Make good dental health a priority in your life. It will make you smile. On average, people with healthy teeth live years longer!

Dr. Cadden will be covering additional topics on dental care in future issues. You may contact his office for comments or questions.

Timothy P. Cadden DDS
631 S. Wheeling St.
Oregon, Ohio 43616
419-693-1234
drcadden.com